

How Long O Lord? Psalm 13 Outline- Tim Shorey

Introduction:

Main Point: God's people need to speak or sing their sorrows to God when their hope is dim, and the wait is long.

Five Stepping Stones Through the Valley of Grief

- Lament
- Prayer
- Remembrance
- Hope
- Christ

Lament

Lament happens when we express our deep sorrows over life's losses and crosses, and when we grieve out loud for God and others to hear (Psalm 13:1–2). Five reasons for David's lament:

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Prayer

Lament led David to pray simple but earnest prayers (Psalm 13:3).

Remembrance

Lament and prayer led David to remember God's abundant blessings (Psalm 13:5–6).

- My testimony of God's bountiful blessings

Hope

The lament that leads to prayer and remembrance, also leads to hope (Psalm 13:5–6)

Christ

Lament, prayer, remembrance, and hope lead to Christ who has suffered like we have.

Lament Songs

1. Out of the Depths (Psalm 130) - Sovereign Grace Music (SGM)
2. When the Tears Fall - Tim Hughes
3. Be Still, Be Still, My Soul (Psalm 46) - SGM
4. I Have a Shelter in the Storm - SGM
5. You Never Let Go - Matt Redman
6. Blessed Be Your Name - Matt Redman
7. From Everlasting (Psalm 90) - SGM
8. Christ is Mine Forevermore - Citylight
9. I Lay it All on Jesus - SGM
10. The Lord is My Salvation - Gettys

Book on Comfort:

From a High Mountain: 31 Reflections on the Character and Comfort of God, by Tim Shorey (A line-by-line devotional study of Isaiah 40)