

Slide content for Psalms 1 and 2 “Double Doors to Blessing”

Outline:

1) Blessed is the man who... (Psalm 1)

a. Resists the world

Rom. 12:2 Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

b. Runs to the Word

Tim Keller, “Meditation is reflecting on God’s Word, so that you can sense the reality of the truth in your heart; ... [it] is looking at the Word like a thirsty tree looks at water.”

“Meditation is like the head descending down into the heart.”

c. He is like a tree

Psa. 92:12 The righteous flourish like the palm tree
and grow like a cedar in Lebanon.

13 They are planted in the house of the LORD;
they flourish in the courts of our God.

14 They still bear fruit in old age;
they are ever full of sap and green,

Derek Kidner, “The promised immunity of the leaf from withering is not independence from the rhythm of the seasons, but freedom from the crippling damage of drought.”

John Newton, "Fear not; only, believe, wait, and pray. Expect not all at once. A Christian is not of hasty growth, like a mushroom, but rather like the oak, the progress of which is hardly perceptible, but, in time, becomes a great deep-rooted tree."

2) The way of the world (Psalm 2)

3) Blessed bookends (Psalm 1:1; 2:12)

4) Pursue trust and delight. Meditate day and night.

Dt 32:45-47 Moses...said to them, "Take to heart all the words by which I am warning you today, that you may command them to your children, that they may be careful to do all the words of this law. ⁴⁷ For it is no empty word for you, but your very life, and by this word you shall live long in the land that you are going over the Jordan to possess."